A World Class Orthopaedic Center
ATHLETIC ORTHOPAEDIC RECONSTRUCTION CENTER
A World Class Orthopaedic Center

New Hip Replacement Technology

Less Painful... Quicker Recovery

Whether it’s caused by arthritis or injury, hip pain is debilitation for thousands of American and severely limits their ability to move freely and enjoy many daily activities. That’s why nearly 300,000 hip replacement surgeries are performed in the United States every year. But total hip replacement is a complex procedure that involves extensive rehabilitation.

Fortunately, there are surgical alternatives that can improve outcomes and significantly reduce recovery times. One of them is the anterior hip a technique that provides immediate relief and mobility - and includes comprehensive patient education and rehabilitation.

Understanding Hip Pain

True hip pain is most commonly experienced in the groin. The pain can also radiate down the front of the thigh for a few inches. Because the knee and hip have an overlapping nerve supply, occasionally the pain goes all the way down the thigh to the knee. In fact, in some patients with hip disease, knee pain may be the only symptom.

Most people with significant hip disease have a limp and one leg that may feel shorter than the other. Bone-on-bone contact occasionally causes a creaking sound or sensation during walking. As the disease progresses, the hip becomes stiff and less movement is possible, making it difficult to tie shoelaces or bend over. The first step or two after prolonged sitting may be especially painful. Eventually, someone with advanced hip arthritis may have to take frequent breaks after walking only short distances.

To control hip pain, the first line of treatment usually involves weight loss, avoiding long periods of sitting or standing and using a cane to decrease stress on the hip. If these are unsuccessful, exercise and physical therapy are recommended to improve the strength and flexibility of the hip and supporting muscles. Medication therapy using non steroidal anti-inflammatory drugs also helps by reducing inflammation of the hip and providing temporary pain relief.

Hip Replacement Surgery

When hip pain becomes severe enough to cause daily dysfunction and can no longer be controlled with exercise, weight loss, physical therapy and medication, surgery is the only other option. But not all hip surgeries are the same. For more and more patients, the preferred option is the anterior approach available Athletic Orthopaedic Reconstruction Center.

Traditional hip surgeries are often referred to as posterior or lateral approaches because incisions are made in the side or back of the hip. These procedures are more extensive because they require a lengthy 10 to 12 inch incision through the buttock muscles and tendons to get the hip joint. That means more post-operative pain and a longer healing and recovery process. It also require a limited hip motion for up to eight weeks after surgery, complicating normal activities such as sitting, putting on shoes, getting into a car or climbing stairs.

During the anterior approach, however, we can reach the hip joint from the front of the hip. This unique vantage point allows us to work between the muscles and tissues without detaching them from either the hip or thigh bones. This spares the tissue from trauma and a lengthy healing process and helps prevent dislocation of the hip, a major benefit to patients. The anterior approach is made possible through the use of a specially engineered, high-tech operating table that places the leg and pelvis in a stable position. Leg supports allow us to adjust the leg with great degree of control and precision, helping to achieve excellent alignment and positioning of the implant.

X-rays taken during surgery ensure correct position, sizing and fit of the artificial hip components, as well as a correct leg length. Optimal alignment is key to ensure excellent function and durability.

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Hip Replacement Surgery

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After anterior hip replacement, patients are allowed to immediately bend at the hip and bear full weight when comfortable, resulting in a more rapid return to normal function. What’s more, patients go up and down stairs before they are discharged from the hospital and are walking without assistance in as little as two weeks. Other benefits include a shorter hospital stay, a smaller incision, less muscle trauma and pain.

I welcome anyone experiencing hip pain to contact my office for a thorough evaluation. I will be more than happy to answer any questions you may have about this new less invasive hip procedure.

Peter J. Curcione, D.O.

Advancements in Shoulder Replacement

Advancements in the design of shoulder prostheses allow the potential for you to restore your range of motion. Developed with patient comfort in mind, the Solar Shoulder is designed for a more natural feel throughout range of motion. It replicates the natural anatomy of the patient and helps provide you with maximum range of motion so you can get back to the activities you enjoy.

On-site Comprehensive Orthopedic Care

Now the latest advances in orthopedic medicine are not only remarkable - they’re also convenient.

If you’ve been experiencing debilitating hip or knee pain, we can help you evaluate your options. Dr. Curcione and his caring professional staff have spent years fine tuning their skills and helping people like you to walk again, enjoy your favorite activities again and live life to its fullest.

Available On-Site:
- Physical Therapy
- MRI
- Physical Therapy
- MRI

Most Insurances Accepted
- Medicare Assignment Accepted

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